

# **Secular Recovery Group**

Minutes of the Monthly Meeting of the Group Conscience September 16, 2020 5:00 PM EST

Location of Meeting - Zoom Video Conference

**Meeting Attendees** - Amy B., Bob R., Bruce D., Christian, Chuck Y., Courtney S., Dan W., Gail L., Jim F., Nathan S., Peter C., Peter F., Peter G., Robin H., and Steve

The third Group Conscience meeting of Secular Recovery Group was called to order at 5:03 PM EST on September 16, 2020 via Zoom by Courtney S.

### Agenda for the September 16, 2020 meeting is as follows:

- Distribution of money collected- What percentage amounts go to which areas, transparency
- Gail L. and Robin H update the group on progress of starting a new Beginners Meeting
- Courtney to inform if a permanent host for Fearless Friday has been found
- Need a back-up for Zoom account/meetings
- Treasurer's report

# Gail L. and Robin H. update the group on the new Beginners Meeting:

Robin H. and Gail L. did start a new meeting under the SRG umbrella on September 8, 2020 called <u>Living Sober- Beginners Meeting</u>. The meeting is off to a great start. This is a topic meeting based on the concerns of the newcomer with a focus on early sobriety and steps 1,2 and 3. Courtney suggested we put together a recommended literary list to post at the end of the meeting. Also discussed were having a speaker come in once monthly and ideas on topics such as.. How to Deal with Cravings during early sobriety. It was decided that we would end the meeting after shares with a Q and A section.

#### **Secular Recover Group Expenses:**

Courtney presented the fees associated with the website and Zoom account: (see next page)

# **Secular Recovery Group Expenses**

- Website Hosting: (Server-Control Panels-Domains)
  - o In-Motion: 659.88yr. Annual Renewal 8/2/21
  - o cPanel: Changing at this time
  - o Domain Renewal Fees: 32.00yr. Renews 4/5/23
  - o Domain Transfer fee 1 time this month 19.00
- Wordpress Plugin Software:
  - o Gravity Forms: 99.00 4/15/2021
  - o Short Pixel: 20.00 November 2020
  - o WP Rocket: 99.00 Renews 7/5/21
  - o Clean Talk: 29.00 4/18/2022 (Just Paid)
- Zoom Account: 149.90 Annual (August 2021?)

Total Website costs (Per Year): 838.88

Website plus Zoom: 988.78

Monthly Intake necessary: 82.40 (Based on 12 months)

Payments Due: (2020-21)

......August 2020: 19.00 .....November 2020: 20.00 ......March 2021: 99.00

.....July 2021: 99.00

......August 2021: 659.88+149.90

# **Treasure Report/update**

Peter C. Opened an account on August 11, 2020 at which time he donated \$100.00 dollars to get the account started.

- -- August we collected \$133.95
- -- September we collected \$107.98

We have a total in the account now of \$370.31

#### Distribution of money collected

Courtney suggested that before we donate any money, we need to establish a prudent reserve of 3 to 6 months of expenses. It was discussed and was agreed that 6 months expenses would be prudent.

GSO guidelines state 30% of funds go to the District, 30% go to the Area, and 30% go to GSO. Since we are an online meeting we have no district or area, the question is whether to give to GSO or perhaps more appropriately donate to AA Online Intergroup with surplus after we have 6 months of expenses in reserve.

#### **Host for Fearless Friday Meeting**

We discussed getting a permanent host for Fearless Friday or keeping a rotation of volunteers. It was agreed that for now we would stay with a rotation. Peter G has been hosting this meeting for a month and will continue for two more months at which time Dan W. has agreed to be the next guest host which should be about the 3rd week of November.

### **Backup for Zoom Account/Meetings**

In the event Courtney becomes unavailable, who would be his backup for the website and Zoom meetings?

- Gather a list of people who consider SRG to be their 'home group" and use this list if we need a temporary host. Jim F. volunteered to host meetings in the event Courtney is unavailable. *Email Carol P. your information if you want to be on the emergency host back-up list*
- Our host company can continue to run the site for an additional cost if needed.
- Currently all bills come to Courtney to pay, it could be set up to have Peter C. pay any bills.
- We need to look for a member with long term sobriety who could be an additional/backup IT advisor.

## On the Agenda for next month:

- Courtney will present a solution about putting emergency procedures for the website and Zoom in place should the need arise
- Update search for a backup IT person
- Treasure report: How are we progressing with our prudent reserve funds
  - Unfinished business
    - Review if we want to keep the current billing procedure in place, where bills are sent directly to Courtney.
    - Decision was not made on where/how to distribute money once we have a 6month reserve.

#### **Action Items:**

**Group** – If you consider SRG to be your 'home group" send Carol P. your email information if you would be available to step in to temporarily host a meeting in the event Courtney is unavailable.

Group - If you want/need an SRG email address, please let Courtney S. or Carol P. know.

Group - Find an SRG member who would be available to be a backup IT person

**Note**: At Courtney's suggestion, it has been decided *not* to post the minutes on the Facebook page again. Instead it will only be posted on the SRG website for interested parties to read.

**Reminder** – When sending a group email, please make sure you BCC the members to protect their privacy. IF someone fails to use the BCC, please do not "reply all" when sending a response.

Courtney S. can be contacted at <a href="masterlifterpro@gmail.com">masterlifterpro@gmail.com</a>

Carol P. at <a href="mailto:cpsue77@gmail.com">cpsue77@gmail.com</a> email if you want to be on a 12 Step contact list, the back-up host list, or if you want your email to be added to the group list to receive a copy of the monthly minutes. \*\*In your email, please be sure to indicate what list/group you wish to be added to.